



Basic courses and training Tenerife

Sailstar arranges basic courses and pure dinghy sailing at Tenerife starting from the autumn 2019!

Learn to sail during winter in a warm climate with comfortable temperature in both air and water. We collaborate with another sailing training company in Tenerife where we share facilities and boats. The location is great to sail on and there are plenty of accommodations nearby and it is very close to Tenerife's southern airport. It is also not far from Los Cristianos or Las Americas, the major tourist resorts in southern Tenerife.

The courses are available with sailing dinghies, RS Zest, and smaller 19 "Sigma open keel boats. We will also arrange large sail yachts courses weekly, starting from Tenerife during the winter 2019-2020. The place we sail on is Marina San Miguel at Amarilla Golf on Tenerife's south coast.



The courses are basic courses in 4 days with a reserve day if we get too little or too much wind. See course schedule for the dates!

The courses include the sailing course four days with a reserve day and course documentation. Swedish/English speaking instructor. Any trip and accommodation will be added.

There is also the opportunity to practice dinghy sailing with us! See schedule. It is also possible to book a dinghy to sail with for any number of days. Contact us for more information!

Sailstar

Pure sailing

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About Sailstars sailing courses

Sailstars courses are arranged in sailboats and sailing dinghies. In Tenerife we sail, RS Zest (singlehanded/double handed) and small keelboats Sigma 19. Learning how to sail dinghy is a quick way to learn and it's easy to switch to a big boat (keelboat) after learning the basics of dinghy sailing. Dinghy sailing is more physical than sailing a keelboat.

Location

The Tenerife location is Marina San Miguel at Amarilla Golf on the south coast of Tenerife.

Here you see an aerial view of the marina, with a red ring our place is marked.

In this picture you can also see a number of the hotels that are nearby.

Sailstar sailing centre Tenerife works together with Amarilla Sailing.



Equipment

Sailstar has wetsuits, wet suit shoes and life vests. Bring towel, some warmer jacket and trousers, preferably wind-tight. Swim gears are used under the wetsuit.

Requirements

No sailing experience is required. You need to be able to swim 200 meters in open water.

The course

Our adult and family courses are made for adults, with longer theory passes than the children have. Our basic courses are four days. It is possible to go the first two days when there is room for it, we call it introductory course. Our basic courses in spring and late summer / autumn take place over two weekends while we arrange four-day basic courses in the summer. The courses in dinghies go parallel to the courses in smaller keelboats and you can try a sailing boat too.

Training and rent a boat

Practically all weeks between mid of November to mid of April it is possible to either attend a training week in the dinghies or visit us and sail with us for ½ day, 1 day or any number of days. Each day we set out a course or we decide to sail to a neighbouring village for lunch. See next page for dinghy selection!

Language

The courses are held both primary in Swedish and primary in English. Look at the booking page for further information.

The instructors

Our instructors have Yachtsman's master diploma class VIII and are used to sailing, boats and also dinghy racing.

Theory & practice

The courses contain theory. We learn the basics of the sailing – sailing terms, knots, wind, upwind and downwind sailing, tacks, gybes, wind eye, trim and safety. Manoeuvring, give-way rules, some navigation. You are allowed to get a Sailing Certificate 1 after the course according to the Swedish NFB. (additional fee €35).

Prices for basic courses

4 days basic course in dinghy or midsize sailing boat has a price of EURO 495

Prices for training and rent a boat

Type of boat / Length	½ day	1 day	Extra day	5 days
RS Zest (1-2 pax) RS Neo (1 pax)	80€	150€	120€	495€
Sigma (4 pax)	80€	150€	120€	495€
Laser, RS Aero (1 pax) (three rigs available)	100€	180€	150€	595€

Prices for medium season, high season is 20% extra (December 17 – January 6 and spring April 7 – 11) price per boat.

Booking and reservation fee

When booking, registration fee is 150 € and remaining fee is paid 14 days before the start of the course. If you can register, you have got a seat on the course, at some courses there are reserve places which you will be notified at the time of registration. In case of cancellation no later than 14 days, the course fee will be refunded in addition to the registration fee. The registration or booking fee is not refundable. Should a cancellation be cancelled later than 14 days before the start of the course, the full course fee will be Sailstars. If the course does not take place, the registration fee will also be refunded.

Our sailing dinghies!

The sailboats we use in our sailing centre are:

	<p>RS ZEST Singlehanded / Doublehanded Length 3.59 m Width 1.47 m Hull weight 73 kg Sail area 6.9 m² Construction: Comptec Crew weight: 35 - 225 kg</p>
	<p>RS NEO Singlehanded Length 3.53 m Width 1.42 m Hull weight 64 kg Sail area 6 m² Construction: Hull made in Comptec Mast och bom i kolfiber Crew weight: 50 - 130 kg</p>
	<p>RS AERO Singlehanded, race Length 4.00 m Width 1.4 m Hull weight 32 kg Sail area 5.2, 7.4, 8.9 m² Construction: Hull made in GRP Mast and boom in carbon fibre Crew weight: 35 - 95 kg</p>
	<p>LASER Singlehanded, race Length 4.20 m Width 1.39 m Hull weight 59 kg Sail area 4.7, 5.8, 7.06 m² Construction: Hull made in GRP Mast and boom in aluminium Crew weight: 35 - 85 kg</p>

In addition to these four dinghies, we have access to Sigma day sailors, 6m open keel boats.

Book at [Sailstar.org](https://www.sailstar.org)!